2024 Crash Course Presenters

(subject to change)

Henry Brun, Friends University – Long jump, triple jump Tyler Knight, Wichita Vault Academy – Pole Vault Josh Kristalyn, *Canev Vallev HS* – Sprint training Dave Kroeker, Tabor College HS – Javelin Randy Mijares, *Wichita Trinity Academy* – Distance training (physiology) Jay Myers, Smoky Valley HS – Warm up routines, Keynote Linda Patterson, Cheney HS - Hurdles Teresa Robinson, *Buhler HS* – Core / body control Patrick Schroeder, Southeast of Saline HS – High jump Steven Stucky, Pretty Prairie – Relays, Starting blocks Kelsey Talbott, Garden Plain HS – Discus, shot put Grant Thierolf, *Marion HS* – Distance training (track, in season) Heidi Wells, Cheney HS – Nutrition Syndey Wilson, Sterling HS - Hurdles Anna Woods, *Buhler HS* – Weight training / Core, auxiliary