

GIRLS RECORDS AS OF 1988 ##

This is a larger mess of standard vs metric, but the only reasonable way to include the girls from the 1970s.

100 meter dash

12.4	Gretchen Bohm	1985
12.4	Stacy Compton	1975
12.5	Sandi Compton	1976
12.7	Angie Bauman	1983
12.7	Kay Laverntz	1974

200 meter dash

26.0	Gretchen Bohm	1985
26.4	Carla Holt	1986
26.7	Sandi Compton	1977
26.9	Amy Goldsmith	1981
27.6	Angie Bauman	1981
27.8	Julie Ewing	1977
28.2	Courtney Ferguson	1985

400 meter dash

58.5	Gretchen Bohm	1986
59.1	Carla Holt	1987
60.0	Tonya Jopp	1988
61.2	Amy Goldsmith	1981
61.2	Rene Watkins	1981
62.5	Julie Spainhour	1976
63.7	Courtney Ferguson	1985

800 meter run

2:32.1	Kristy Hillman	1986
2:34.6	Lorinda Schomacker	1976
2:34.6	Michelle Phillips	1983
2:37.6	Kim Sparlin	1984
2:40.4	Michelle Denney	1983
2:41.0	Starla Wulf	1982
2:42.6	Tammy Rausch	1985
2:43.0	Heather Ford	1982
2:45.0	Angie Voth	1988

1600 meter run

5:41.6	Michelle Denney	1983
5:48.3	Kristi Hillman	1987

5:49.2	Heather Huckaby	1986
5:50.1	Yvonne Rausch	1985
5:51.1	Diane Branine	1976
6:03.1	Kim Sparlin	1984
6:07.8	Joni Rasmussen	1987
6:16.0	Carrie Haley	1986
6:17.0	Rhonda Brozek	1985
6:28.8	Donna Rosenhagen	1983

3200 meter run

12:24.7	Michelle Denney	1983
12:44.9	Heather Huckaby	1986
12:55.5	Yvonne Rausch	1986
13:08.7	Pam Ferguson	1978
13:26.3	Joni Rasmussen	1988
13:35.6	Heather Ford	1980
13:46.6	Rhonda Brozek	1985

100 meter high hurdles

16.3	Rochelle Eaton	1983
17.2	Lesley Wells	1988
17.3	Cami Sowers	1991
17.3	Lasha Hamilton	1981
17.9	Ann Smarsh	1985
17.9	Marnie Gracey	1985
18.4	Missi Anderson	1984

300 meter low hurdles

47.2	Angie Bauman	1982
50.3	Lesley Wells	1988
52.2	Shannon Wright	1985
53.0	Missi Anderson	1985
53.4	Marnie Gracey	1982
54.2	Sandi Rausch	1986
54.8	Rochelle Eaton	1982
55.5	Kim Guthrie	1986

Long Jump

17' 6"	Carla Holt	1987
16' 11"	Jana Compton	1976
16' 8"	Sandi Compton	1977
16' 4"	Gretchen Bohm	1983

16' 0.5"	Courtney Ferguson	1983
15' 7"	Amy Goldsmith	1980
15' 6"	Kay Laverentz	1974
15' 5"	Nikki Viner	1982

High Jump

5' 5"	Sandi Compton	1977
5' 2"	Rene Watkins	1984
5' 0.25"	Kim Compton	1972
4' 10"	Lori Bruington	1984
4' 10"	Marnie Gracey	1985
4' 10"	Temple Gunter	1987
4' 10"	Angie Voth	1988
4' 9"	Debbie Dewey	1981

Shot Put

34' 5.75"	Heather Ford	1984
33' 7.5"	Lori Krueger	1982
32' 7.5"	Debbie Kerr	1975
32' 0"	Kim Duke	1981
30' 10.5"	Sherri Morris	1983

Triple Jump

35' 3.5"	Carla Holt	1985
32' 6.25"	Courtney Ferguson	1985
31' 8.5"	Angie Voth	1988
28' 3"	Jennifer Mize	1987
28' 0.25"	Lori Bruington	1985

Discus

117' 4"	Lori Bruington	1986
115' 10"	Kim Duke	1981
107' 3"	Karen Taylor	1985
103' 1"	Debbie Kerr	1975
98' 8"	Jennifer Mize	1987
97' 8"	Lori Kreugar	1982

Javelin

105' 9"	Kristi Wilson	1989
101' 8"	Missi Anderson	1985
93' 7.5"	Susan Luvicsek	1985
92' 3"	Rochelle Eaton	1984
88' 7"	Marnie Gracey	1988

88' 3"	Jennifer Young	1987
84' 2"	Kim Sparlin	1984