

## Cheney Girls Track 400m\* Records

### FRESHMAN

1	Taylor Needham	58.23	2011
2	Tonya Jopp	60.0	1988
3	Monica Viner	62.4	1996
4	Chelsea Twietmeyer	62.5	2004
5	Carla Holt	63.5	1984
6	Melissa Henning	64.2	1993
7	Hailey Twietmeyer	64.4	2007
8	Susan Giefer	64.5	1996
9	Erin Heckethorn	64.6	2007
10	Kayla Dewey	64.6	2011
11	Rene Watkins	64.7	1981
12	Michelle Bolinger	64.8	1991
13	Megan Seiler	64.8	2001
14	Julie Woolf	65.0	1995
15	Alyson Uppendahl	65.1	1993
16	Sara Teague	65.43	2009
17	Julie Rasmussen	65.7	1987
18	Allyssa Nikkel	66.34	2008
19	Courtney Traxson	66.4	2007
20	Britni Uppendahl	67.1	2000

### SOPHOMORE

1	Taylor Needham	57.46	2012
2	Tonya Jopp	58.49	1989
3	Carla Holt	60.5	1985
4	Gretchen Bohm	60.7	1984
5	Michelle Bolinger	61.7	1992
6	Kayla Dewey	62.6	2012
7	Melissa Henning	64.0	1994
8	Alyson Uppendahl	64.0	1994
9	Janelle Haden	64.3	1996
10	Hailey Twietmeyer	64.6	2008
11	Melissa Simpson	65.0	1996
12	Lindsey Conrad	65.2	2002
13	Morgan Shepherd	65.2	2008
14	Courtney Traxson	65.2	2008
15	Courtney Ferguson	65.4	1983
16	Amy Albers	65.4	1992
17	Megan Seiler	65.9	2002
18	Amanda Lehner	66.7	2006
19	Laura Markuly	66.83	1994
<b>20</b>	<b>McKenzie Wulf</b>	<b>66.8</b>	<b>2013</b>



### JUNIOR

1	Tonya Jopp	57.18	1990
<b>2</b>	<b>Taylor Needham</b>	<b>59.12</b>	<b>2013</b>
3	Carla Holt	59.6	1986
4	Gretchen Bohm	59.9	1985
5	Michelle Bolinger	62.1	1993
6	Melissa Simpson	62.5	1997
7	Hope Gregory	62.8	2005
8	Rene Watkins	62.9	1983
9	Melissa Henning	63.3	1995
10	Tiane DeVore	63.45	2006
11	Megan Seiler	64.2	2003
12	Sherry Thalmann	64.5	1997
13	Lindsey Conrad	64.5	2003
14	Amanda Owens	65.1	2000
15	Julie Woolf	67.3	1997
<b>16</b>	<b>Sydney Peitz</b>	<b>67.8</b>	<b>2013</b>
17	Alyson Uppendahl	67.9	1995
18	Christianna Ortiz	68.3	2009
19	Alissa Gould	68.4	2009
20	Audrey Carpenter	69.8	2000

### SENIOR

1	Tonya Jopp	57.20	1991
2	Gretchen Bohm	58.5	1986
3	Carla Holt	59.1	1987
4	Chelsea Twietmeyer	61.6	2007
5	Julie Woolf	62.6	1998
6	Melissa Simpson	63.0	1998
7	Rene Watkins	63.7	1984
8	Courtney Ferguson	64.2	1985
9	Janelle Haden	64.4	1998
10	Lindsey Conrad	64.9	2004
11	Sara Teague	67.0	2012
12	Hailey Twietmeyer	67.3	2010
13	Alissa Gould	71.0	2010
14	Cheryl Wiechman	76.0	1984
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\*400m replaced the 440y at the state meet in 1979